As its main agenda in the country’s transformational policy, Malaysia currently emphasizes the development of human capital. This is seen as the country’s main agenda in ensuring the citizens of the country will be able to achieve higher levels of income through the various planned government initiatives. Hence, there is a need to develop cognitive, emotional, and spiritual elements, which are the main ingredients in realizing this goal. This goal can be achieved in part by introducing biofeedback technology.

Currently, biofeedback technology is acknowledged as a technique that is integral in academic settings as well as in the remedial and rehabilitation programs. The University Malaysia Pahang (www.ump.edu.my) is promoting biofeedback training and research on biofeedback applications. The university is gearing toward conducting professional training, having extension programs, and seeking biofeedback certification, as well as extending this training to undergraduate and postgraduate programs. This training is seen as offering potential benefits for these students and future employees. The Figure shows a biofeedback session with a security officer. The human capital markets will be aware of this biofeedback technique and will be able to draw on biofeedback interventions on a daily basis in their workplaces.

Malaysia is also conducting research and providing grants for aspiring researchers who are aiming at exploring and developing new biofeedback protocol. This is done in an attempt to acquire physiological data to use in planning and developing programs to enhance students’ performance. A few primary schools in Malaysia have already begun using biofeedback in their academic intervention program. The results are encouraging and can be seen as offering the potential to improve students’ academic performance.

At present many professionals, researchers, and students have been trained in biofeedback. The collaboration with the Association for Applied Psychophysiology and Biofeedback, the Biofeedback Foundation of Europe, Thought Technology, the Heart Math Institute, and the Institute of Molecular and Biophysics in Russia are crucial in promoting biofeedback at the national level. The current association with biofeedback leaders such as Donald Moss and Paul Lehrer has brought fruitful results for the benefits of biofeedback promotion in Malaysia. In the near future, this technology will be definitely accepted by larger communities in Malaysia as well as introduced in many international collaborative programs.

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