



**Association for Applied Psychophysiology and Biofeedback (AAPB)**  
**AAPB 52nd Annual Scientific Meeting: Reconnection: Thriving Together Again**  
 March 23-26, 2022 – Omni Las Colinas, Irving Texas

American Psychological Association

**CERTIFICATE OF CONTINUING EDUCATION**

**IMPORTANT:** In order to receive American Psychological Association CE credits, complete this form by circling the session and number of CE credits for each session attended. Before leaving the conference, leave the yellow copy of this form at the registration desk, as additional support should you be audited. You may also email this form to [info@aapb.org](mailto:info@aapb.org) following the conference. **THIS FORM IS ALSO YOUR CERTIFICATE.**

*Retain the **white copy** as your certificate of attendance.*

Name: \_\_\_\_\_ Organization: \_\_\_\_\_  
 Address: \_\_\_\_\_ City State Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Email: \_\_\_\_\_



**Psychologists:** The Association for Applied Psychophysiology and Biofeedback is approved by the American Psychological Association (APA) to offer continuing education for psychologists. AAPB maintains responsibility for this program and its content. The AAPB 52nd Annual Scientific Meeting offers a MAXIMUM of 32 credits.

**BCIA Recertification:** Hour-for-hour attendance in breakout sessions and workshops may be used to fulfill the continuing education requirement for recertification with the certificate of attendance.

**WEDNESDAY, March 23, 2022**

Code	Session Title	CE credits
WS01	9am-6:30pm: BCIA Heart Rate Variability Biofeedback Certificate of Completion Workshop - Part 1	7.5
WS02	9am-6pm: NeuroField Advanced Course - Part 1	7
WS03	9am-6pm: General Introduction to Biofeedback Peripherals	7
WS10	9am-1pm: Integrating Bio- and Neurofeedback in Psychedelic Assisted Therapies	4
WS11	2pm-6pm: EEG: Linking Neurology, Psychiatry, and Neurotherapy	4
<b>TOTAL:</b>	<b>Sum the number of CE credits circled for Wednesday (max 8)</b>	

**THURSDAY, March 24, 2022**

Code	Session Title	CE credits
WS12	9am-6:30pm: Heart Rate Variability Biofeedback (HRVB): How To Do It, Why it Works, and For What - Part 2	7.5
WS13	9am-6pm: NeuroField Advanced Course - Part 2	7
WS15	8am-12pm: BCIA Biofeedback Certification Exam Review	4
WS19	2pm-6pm: Bringing Results Home: Using Portable Neurofeedback and Virtual Reality Devices to Improve Patient Treatment Adherence	4
WS21	2pm-6pm: Working with Screen Dependence, Obsession and Addiction: Effects on Health, Wellness and Development	4
WS23	2pm-6pm: BCIA Neurofeedback Exam Prep Course	4
<b>TOTAL:</b>	<b>Sum the number of CE credits circled for Thursday (max 8)</b>	

## FRIDAY, March 25, 2022

Code	Session Title	CE credits
KEY01	9am-10am: Strength in Numbers: HRV, Compassion, Connection (Inna Khazan)	1
BOS01	10:30am-12pm: Photobiomodulation as Adjunct Intervention for Neurofeedback	1.5
BOS03	10:30am-12pm: Effects of Heart Rate Variability Biofeedback on the Brain	1.5
ORAL01	10:30am-12pm: Oral Presentations Session 1	1.5
LL01	12:15pm-1:15pm: LUNCH AND LEARN SESSION: Biofeedback and Neuromodulation-modalities: A Personalized Approach, Applicable to a Culturally Diverse Population	1
BOS04	1:35pm-2:35pm: Threat, Recovery & Flow: Adjusting Your HRV Set-point for Adaptation	1
BOS06	1:35pm-2:35pm: Alpha the Brain Barometer -The Role of Alpha in Determining Brain Health: Emergent Models & Markers of Brain Deregulation, Disorganization, Standard and Optimal Function	1
BOS07	1:35pm-2:35pm: Bringing Results Home: Using Portable Neurofeedback and Virtual Reality Devices to Improve Patient Treatment Adherence	1
BOS09	2:45pm-4:15pm: Autism: New Directions in QEEG Subtypes and Neurofeedback for Autistic Spectrum Disorder	1.5
BOS10	2:45pm-4:15pm: Integrating Bio- and Neurofeedback in Psychedelic Assisted Therapies	1.5
BOS30	2:45pm-4:15pm: Bridging Physiology, Science and Daily Life when Providing Stress Management Services	1.5
BOS12	4:30pm-5:30pm: What's All the Noise About? Aperiodic Noise in the Brain and Its Colors of Pink, White and Brown	1
ORAL04	4:30pm-5:30pm: Oral Presentations Session 4: Neurofeedback Focus	1
BOS13	4:30pm-5:30pm: What Our QEEG May be Missing in Children's Brains: Ethical Considerations for Practice	1
KEY02	6:00pm-7:15pm: Distinguished Scientist Lecture: The Integration of Lifestyle Change, Self-Care, and Professional Treatment Interventions for Chronic Conditions: The Pathways Model (Donald Moss)	1
<b>TOTAL:</b>	<b>Sum the number of CE credits circled for Friday (max 8)</b>	

## SATURDAY, March 26, 2022

Code	Session Title	CE credits
BOS14	9am-10am: Teaching Breathing Biofeedback	1
BOS11	9am-10am: Brief Biofeedback and Cognitive-Behavioral Therapy Protocol in Pediatric Headaches	1
BOS36	9am-10am: Homeostatic Plasticity Effects of Neurofeedback	1
BOS16	9am-10am: Agonism and Antagonism Among the Shoulder Muscles: An SEMG Approach	1
BOS18	10:30am-12pm: The Use and Misuse of Montages in EEG Analysis	1.5
BOS35	10:30am-12pm: Infraslow Neurofeedback for Affective Disorders	1.5
BOS19	10:30am-12pm: Pain and Heart Rate Variability Biofeedback from Three Perspectives	1.5
BOS20	10:30am-12pm: Ethical Principles and Practice Standards in Biofeedback and Neurofeedback	1.5
LL02	12:15pm-1:15pm: LUNCH AND LEARN SESSION: Neurofeedback: How Your Mind Can Change Your Brain OR Excitation and Inhibition in the Mammalian Central Nervous System as it Relates to NF	1
ORAL05	1:35pm-2:35pm: Oral Presentations Session 5	1
BOS24	1:35pm-2:35pm: Multi-interdisciplinary Approach and Treatment for Youth with Persistent Postural-perceptual Dizziness (PPPD): A Pilot Brief Protocol Using HRV Biofeedback and Cognitive-behavioral Therapy	1
BOS25	1:35pm-2:35pm: Successfully Integrating Applied Psychophysiology Procedures into a Medical Care Environment	1
BOS27	2:45pm-4:15pm: Using Heart Rate Variability to Structure Client Interactions	1.5
BOS29	2:45pm-4:15pm: Applications in Chronic Pain Management	1.5
BOS33	4:30pm-5:30pm: An Integrative Psychophysiological Approach to Balance the Gut-Brain Axis	1
KEY03	6pm-7:15pm: Biofeedback in Association with Human Health in the Next 20 Years: Revisited (Ronald Swatzyna)	1
<b>TOTAL:</b>	<b>Sum the number of CE credits circled for Saturday (max 8)</b>	

**TOTAL CONTINUING EDUCATION CREDITS EARNED**

**(maximum number of credits = 32)** \_\_\_\_\_

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**Association for Applied Psychophysiology and Biofeedback**  
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(800)-477-8892 [info@aapb.org](mailto:info@aapb.org)  
[www.aapb.org](http://www.aapb.org)

## **CONTINUING EDUCATION CERTIFICATE**

*THIS IS TO VERIFY THAT*

\_\_\_\_\_  
(Insert Full Name)

HAS ATTENDED THE

**AAPB 52nd Annual Scientific Meeting:  
RECONNECTING: Thriving Together Again**

**March 23-26, 2022**

*Omni Las Colinas  
Irving, Texas*

\_\_\_\_\_ CE Credits

Michelle Cunningham, Executive Director  
Authorized Signature

\_\_\_\_\_  
Attendee Signature



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