

Association for Applied Psychophysiology and Biofeedback



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August 20, 2014

Gary Lenkeit, PhD
State of Nevada
Board of Psychological Examiners
4600 Kietzke Lane, Building B-116
Reno, NV 89502

Dear Dr. Lenkeit,

By way of introduction, I am Dr. Stuart Donaldson PhD, President of the Association of Applied Psychophysiology & Biofeedback (AAPB).

It has recently come to my attention in a letter dated July 9, 2014, the state of Nevada Board of Psychological Examiners issued a statement advising, "to whom it may concern" that the practice of biofeedback/hypnosis is part of the practice of psychology as defined in NRS 641.025. The letter goes on to state "therefore it is unlawful to engage in either activity unless and until you are licensed as a psychologist."

It is the position of AAPB that other licensed health care workers can, do and have been practicing biofeedback for many years. This group includes PT's who use it for muscle rehab, OT's for functional rehab, physicians who are doing stress management, nurses who do incontinence training, neuroscientists who are developing prosthetic devices. Biofeedback has been used in many contexts from optimal performance to rehabilitation.

Due to the diverse clinical applications of biofeedback, each field should be given the opportunity and right to determine for themselves if biofeedback is within the scope of their training and expertise, which aspects, and what additional training would be necessary. AAPB is willing to help with this process in any way possible. To that end, I have attached a copy of our standards of practice for your information.

Please note these comments only pertain to that of biofeedback and in no way are intended to reflect upon the area of hypnosis.

If I may provide you with any more information please do not hesitate to contact the AAPB main office.

Yours truly,

A handwritten signature in black ink, appearing to read "Stuart Donaldson". The signature is fluid and cursive, with a prominent initial "S".

Dr. Stuart Donaldson, PhD., BCIA(SF), ACFE(Dip), ABPS (Dip), ABDA
President
AAPB